

ANNUAL REPORT

Fiscal Year 2022



**Sisters of St. Joseph
Health & Wellness Foundation**

A Member of the Congregation of St. Joseph Mission Network

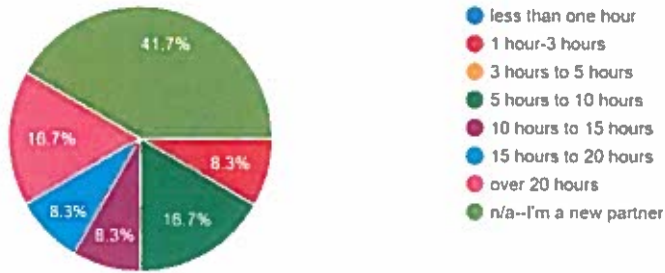
THE IMPACT OF TRUST-BASED PHILANTHROPY

In fiscal year 2022, our Foundation began putting into practice the values of Trust-Based Philanthropy adopted by our board of directors in our 2021 Strategic Plan. Trust-Based Philanthropy is an approach that reimagines the relationships between funders, nonprofits, and communities to redistribute power and decision-making - systemically, organizationally, and interpersonally - to ensure a healthier and more equitable nonprofit sector. In addition, to shifting our values to be more aligned with trust-based philanthropy, our board approved a shift in our practices including providing general operating and multi-year support, and developing a Mutual Partnership Form with each partner - rather than a one-sided grant agreement - that highlights our shared commitment to each other. We highlight ways that we will support our partners beyond the check through responsive and adaptive, non-monetary support that strengthens leadership, capacity, and organizational health.

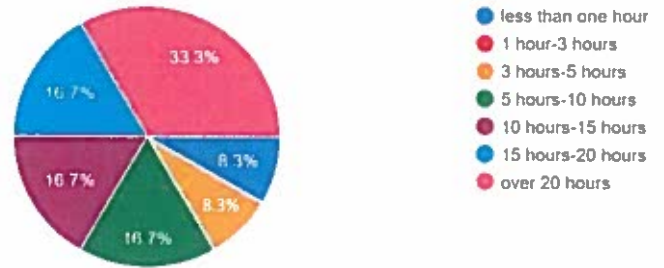


So what did this shift in our approach mean in practical terms to our grant partners? Through an anonymous survey we learned that, on average, returning grant partners spent over 20 hours on the previous grant process - many commented informally that the number was closer to 40-60 hours. We realize that we are not the only foundation nonprofits apply to so we asked the average time spent on other grant processes. The answer was again over 20 hours. Partners let us know that the amount of time was much higher, particularly when working on state and federal funding. Seventy-five percent of the organizations we partner with do not have a formal grant writer on staff, which means limited staff are often doing the “nonprofit juggle” - overseeing staff and programming, working on finances and budgets, writing countless grant applications and reports, and so much more.

Old SSJHWF Process

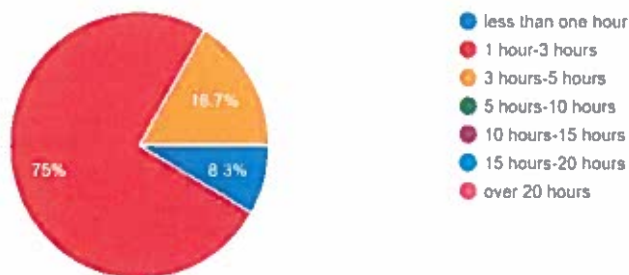


Other Grant Processes

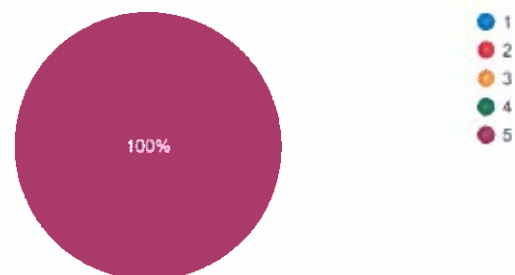


After asking how long our partners spent on our new grant process, the quantitative results were promising - over 81% were spending less than five hours - a significant decrease in their overall time commitment. What does that look like in the quality of life for our grant partners? As one partner commented, "It was a breath of fresh air, connected, and simultaneously draws out the deep commitment that SSJHWF has to community. This is an added and easier layer of being a connected community." Another commented that the new process "respects our autonomy and expertise." We received countless reassuring comments that let us know that shifting toward trust-based philanthropy was not just a good idea in theory but something that was making a lasting impact on our partners.

New SSJHWF Process



Overall Satisfaction (5 being highest)



As one grant partner commented, "We hope that philanthropy, as a whole, takes a turn in this direction!" We share that same sentiment and are working to see systemic change in the field of philanthropy. In 2022 and into 2023, we began to see transformation occurring nationally as well as within our state. The Trust-Based Philanthropy Project has seen exponential growth in nationwide funders adopting trust-based values and practices. They are being responsive to the needs of funders by adapting their website with tracks for both funders new to trust-based philanthropy and those already on their journey.

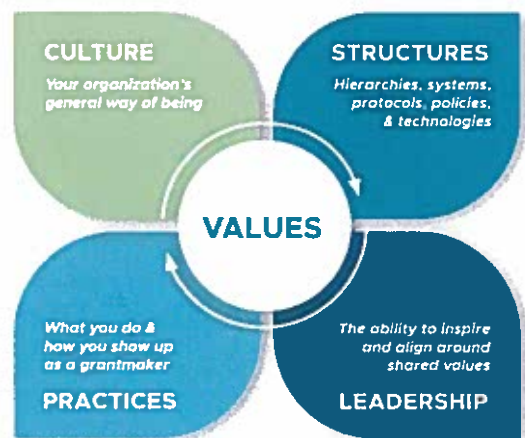
*“My deep gratitude for your investment in an innovative style of grant-making. It feels affirming and inspiring to have a partner who wants to invest in our work and who trusts us.
THANK YOU!”*

trust-based philanthropy project

“Administratively simplified, deeper focus on content, collaboration, and cultivation”

On a local level, the SSJ Health and Wellness Foundation has presented to several grantmaking foundations about trust-based philanthropy at four statewide conferences and worked directly with grantmaking organizations like the Sisters Health Foundation, United Way of the Upper Ohio Valley, Try This WV, EQT Foundation, and the Bureau for Public Health’s WV Health Equity Action Team to see significant changes in their processes. The Foundation is also beginning to work with Philanthropy WV to develop a statewide affinity group for grantmakers interested in or currently practicing trust-based philanthropy.

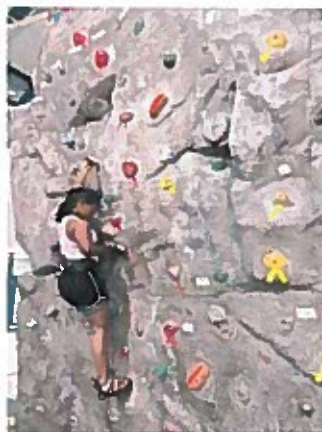
In 2021, we theorized that our sphere of influence as a foundation was more in **how** we fund than **what** we fund. In 2022, we saw that theory become a reality through deepened relationships with grant partners, minimizing the amount of time nonprofits spent on grant writing so their mission could be maximized, and helping expand the shift in power redistribution within our state and our country.





“The process allowed our team to focus more on how we can deliver the grant outcomes rather than just the process of applying for the grant. The coffee conversation added so much more context to our request plus it allowed for dialogue that led to other potential partnerships and opportunities.”

“[The process] left me feeling energized and like our organization was seen, understood, and appreciated. It was a realization that we were an important part of a network and not just a number. I also learned so much about the goals of the Foundation!”





SCHOOL-BASED HEALTH INITIATIVE

Fairmont Catholic Grade School
\$7,500 • School Counselor & RISE Initiative

Minnie Hamilton Health Systems
\$75,000 • Psychosocial Program Coordinators

New River Health Association, Inc.
\$22,943 • Pre-K - 8 Health Educator

New River Health Association, Inc.
\$20,535 • Intermediate Health Educator

New River Health Association, Inc.
\$25,250 • High School Health Educator

Since its creation in 2001, the Sisters of St. Joseph Health & Wellness Foundation has awarded more than \$17 million in grants.

In fiscal year 2021 - 2022, the Foundation awarded \$856,179 in grant funding for school-based health programs and projects supporting West Virginia's children and their families.

Pendleton Community Care
\$31,293 • TIES Program

Pendleton Community Care
\$31,726 • Mental Health Coordinator

Pendleton Community Care
\$26,981 • Mental Health Coordinator

West Virginia Catholic Foundation
\$55,425 • School-Based Health Program

Williamson Health & Wellness Center
\$33,196 • Mental Health Education



CHILDREN & FAMILIES INITIATIVE

Burlington United Methodist Family Services, Inc. • \$7,500 • Sarah's House Child Advocacy Center Mental Health Services

Crittenton Services, Inc. • \$40,000 • TIES Program

Lewis County Family Resource Network • \$65,000 • Try This WV Expansion and Youth Advisory Board

Marvel Center, Inc. • \$25,000 • General Operating Support

Mountain CAP of WV, Inc. • \$40,000 • Asset Building Collaboration Program Partnership

Randolph-Tucker Children's Advocacy Center • \$12,906 • Body Safety Training

REACHH Family Resource Center • \$21,000 • Community Support Specialist

Save the Children Federation, Inc. • \$25,000 • Early Steps for School Success Program in Gilmer County

Seed Sower, Inc. • \$25,000 • Fruits of Labor Seed Project

TEAM for West Virginia Children • \$15,942 • Partners in Community Outreach NEAR@Home Toolkit

TEAM for West Virginia Children • \$25,000 • Lean on Me WV



West Liberty University Foundation • \$50,000 • Education Leads to Access Initiative

West Virginia Child Advocacy Network • \$33,000 • Support for the SUNSHINE Fund

WVU Foundation • \$20,000 • Family Nutrition Program's Kids Market at the Store

WVU Research Corporation • \$50,000 • DBT-STEPS-A Feasibility Study

West Virginia Women Work • \$50,000 • General Operating Support

Youth Services System, Inc. • \$13,482.31 • Crisis Nursery

DISCRETIONARY GRANTS

In fiscal year 2021 - 2022, the Foundation awarded \$47,500 in discretionary grants for the following selected projects.

American Red Cross - Central Appalachia Region • \$2,500 • Promoting fire safety for children and their families

Burlington United Methodist Family Services, Inc. • \$2,000 • Books and Healthcare Items for the Parents as Teachers Program

Change, Inc. • \$2,500 • Feed for Success Backpack Program

Child Youth & Advocacy Center • \$2,000 • Funding for Therapy Program

Corpus Christi School • \$2,500 • Installation of three water filling stations

Doddridge County Starting Points • \$2,000 • Supplies for In-Home Family Education Program

Family Service of Harrison & Marion Counties, Inc. • \$2,500 • Healthy Grandfamilies Program in Marion County Schools

Holy Family Child Care & Development Center • \$2,500 • Conscious Discipline Institute Conference

Homes for Harrison • \$2,000 • Homelessness Diversion for Families

Lincoln Primary Care Center • \$2,000 • Summer FIT Camp

Marion County Family Resource Network • \$2,500 • Mitigating Pest Infestations in Students' Homes

Men's Health Equity Institute • \$2,500 • WV HEAT Trainings

New River Health Assoc., Inc. • \$2,500 • Parents as Teachers Program

PeaceTree Connections, Inc. • \$1,500 • Family Systems Trauma Model Training

Pocahontas County Family Resource Center • \$1,000 • Pocahontas County Day Report Center's Summer Sober Event

Randolph-Tucker Children's Advocacy Center • \$2,500 • Social Story Brochure

REA of Hope Fellowship Home • \$2,500 • General Operating Support

Seed Sower, Inc. • \$2,500 • Portion of Tuition for Certificate in Narrative Focused Trauma Care Level I for Fruits of Labor

Shenandoah Community Health Foundation • \$2,500 • Expansion of School-Based Health Services

WV Child Abuse Network • \$2,500 • Brochures for 21 Child Advocacy Centers

WVU Foundation, Inc. • \$2,500 • Youth Advisory Board Summer Retreat

**SISTERS OF ST. JOSEPH HEALTH & WELLNESS FOUNDATION
SCHOOL-BASED HEALTH MINI-GRANTS**

**Camden on Gauley
Medical Center, Inc.**

Physical Education Activity Supplies for
Gauley River Elementary School
• \$1,989 •

Tug River Health Association, Inc.
Vital Monitoring and Cart for Patient Use
at RiverView High School
• \$1,000 •

**Ritchie County Primary Care
Association, Inc.**

Battery Back Up for Ritchie
County Wellness Center
• \$812 •

Tug River Health Association, Inc.
Vital Monitoring and Cart for Patient Use
at Mount View High School
• \$1,000 •

**Ritchie County Primary Care
Association, Inc.**

Battery Back Up and Temperature Sensor
For Doddridge County Wellness Center
• \$812 •

Valley Health Care, Inc.
Supply Cabinet, Ear Cleaning Equipment,
Wood's Lamp, and Marketing Materials
for West Virginia Children's Home School
-Based Health Center (SBHC)
• \$1,841 •

*In fiscal year 2021 - 2022, the Foundation's School-Based Health Fund -
through the Parkersburg Area Community Foundation - awarded
\$16,718 in mini-grants to the following school-based health centers.*

Valley Health Care, Inc.

National School-Based Health
Conference Registration, Ear Cleaning
Equipment, Wood's Lamp, and Marketing
Materials for Coalton Elementary SBHC
• \$1,931 •

Valley Health Care, Inc.

OAE Hearing Screener for Jennings
Randolph Elementary SBHC
• \$2,000 •

Valley Health Care, Inc.

National School-Based Health
Conference Registration, Ear Cleaning
Equipment, Wood's Lamp, and Marketing
Materials for Beverly Elementary SBHC
• \$1,980 •

Valley Health Care, Inc.

OAE Hearing Screener for Midland
Elementary SBHC
• \$2,000 •

**Wirt County Health Services
Association**

Rethink Your Drink Program
in Jackson County Schools
• \$1,353 •

MINORITY HEALTH CAPACITY-BUILDING GRANTS

The Healing House
Minority Impact Initiative
• \$10,000 •

Men's Health Equity Institute
Project MOVE
• \$10,000 •

Keep Your Faith Corporation Counseling
Clinical Outreach Project
• \$10,000 •

Spotted Owl
Healthcare Organization
Community Move Program
• \$5,000 •



CSJ MISSION NETWORK

We are blessed to be a founding member of the Congregation of St. Joseph Mission Network, formerly known as CSJ Ministries.

The purpose of the CSJ Mission Network is to extend the mission and tradition of the Sisters of St. Joseph through the mission and works of its members.

It is a mutual, dynamic partnership between the ministry and the Congregation of St. Joseph committed to making manifest God's active, inclusive, unifying love in the world.

This common mission stems from the mission of Jesus, "that all may be one."



**STATEMENT OF FINANCIAL POSITION
AS OF JUNE 30, 2022**

ASSETS

Current Assets

Cash and cash equivalents	\$158,571
Total current assets	\$158,571

Property and Equipment

Furniture and fixtures	\$1,009
Less: accumulated depreciation	\$1,009
Total property and equipment	\$0

Other Assets

Investments at fair market value	\$23,685,264
Total assets	\$23,843,835

LIABILITIES AND NET ASSETS

Liabilities

Accrued Wages	\$10,157
Total Current Liabilities	\$10,157

Net Assets

Unrestricted	\$23,833,678
Total liabilities and net assets	\$23,843,835



SSJHWF

VISION

The children of West Virginia will be healthy, empowered, and resilient.

MISSION

The Sisters of St. Joseph Health & Wellness Foundation strengthens the holistic health of West Virginia's children and their families.

Board of Directors of the Sisters of St. Joseph Health & Wellness Foundation

Kathleen Durkin, CSJ - Chairperson

Shelby Gianni

Dayla Harvey

Rose Ann Hefner, CSJ

Laura Miller

Beth Morrison

Marguerite O'Brien, CSJ - Treasurer

Joseph Santer - Vice Chairperson

Ruthann Scherer, CSJ - Secretary

Judith Smith Wilkinson

Durand Warren

For more information about the foundation contact:

Beth Collins
Executive Director
(304) 907-0849
ecollins@ssjhwf.org

Sarah Dean
Office and Grants Manager
(304) 907-0850
sdean@ssjhwf.org



@ssjhealthandwellness

2021 ANNUAL REPORT



SHIFTING FROM A CULTURE OF POWER AND PRIVILEGE
TO ONE OF INCLUSIVITY

20 IMPACTFUL YEARS

Sisters of St. Joseph
Health & Wellness Foundation

A Member of the Congregation of St. Joseph Mission Network



2001-2021: Celebrating 20 Years of Grantmaking

In the Fall of 2001, the Sisters of St. Joseph Health and Wellness Foundation (SSJHWF) was created with funds from the sale of St Joseph's Hospital of Parkersburg. The Sisters evaluated the emerging health needs of our state to determine how these funds could best be used to continue their mission to the people of West Virginia. There was a desire to continue to focus on what the Sisters had been doing for decades in the state—caring for the “dear neighbor” through education and health care. They also realized the value of strategic grantmaking versus responsive grantmaking. Through statewide listening sessions and prudent research, the decision to exclusively fund School-Based Health Centers (SBHCs) was determined. SBHCs are a powerful tool for achieving health equity among children and adolescents who unjustly experience disparities in outcomes. SBH places critically needed services like medical, behavioral, dental, and vision care directly in schools so that all young people, no matter their zip code, have equal opportunity to learn and grow.

Thanks to the SSJHWF's strategic grantmaking and partnerships with the WV Primary Care Association, Sisters Health Foundation, Claude Worthington Benedum Foundation, and Marshall University, SBHCs have grown exponentially in the last 20 years from 37 centers in 19 counties to now 206 centers in 41 counties. **As one of our grant partners in Pendleton County stated, the work supported by the Health and Wellness Foundation has impacted an entire generation of children.** Over the next decade, the Foundation expanded to include supporting the families of WV's children through key partnerships with in-home family education providers, Child Advocacy Centers, human trafficking prevention and awareness, and job training and readiness for young people and female caregivers.

Now, as our twentieth year of grantmaking comes to a close, we are excited to introduce our shift to trust-based philanthropy. We returned to our roots of conducting statewide listening sessions and realized we didn't need to change **WHAT** we fund but **HOW** we fund. We began researching the idea of trust-based philanthropy and appreciated how easily trust-based values aligned with our mission as a foundation and the charism of **unity** within the Congregation of St. Joseph and living out our call to work **In and Through the Ordinary** and **Shifting from a Culture of Power and Privilege to One of Inclusivity**. In our work, we seek unity by building relationships with our grant partners that are characterized by mutual trust and genuine collaboration. We honor the idea of working in and through the ordinary by funding operational needs that are often overlooked and providing opportunities for multi-year funding. We recognize philanthropy's significant role in perpetuating a culture of power, and we seek to transform that dynamic in our work as a foundation and to systemically shift power to nonprofits by encouraging other grant-making institutions to align with trust-based philanthropy.



trust-based philanthropy project

On a practical level, this includes multi-year, less restrictive funding, streamlined applications and reporting, and a commitment to building relationships based on transparency, dialogue, and mutual learning. We start by first recognizing nonprofits not as grantees but as partners. Rather than a formal application, we set up informal coffee-conversations with grant partners to

understand their work more genuinely. Rather than a one-sided grant agreement, we develop a Memorandum of Understanding with each partner that highlights our mutual commitment to shared values and allows us both to determine how our partnership will grow. That MOU recognizes that we will support our partners beyond the check through responsive and adaptive, non-monetary support that strengthens leadership, capacity, and organizational health.

From strategic grantmaking to trust-based philanthropy, our Foundation's role in supporting the health and wellbeing of WV's children and their families has been one of partnership behind the scenes. The "stars" of the last twenty years are truly our grant partners and the families they empower. We are grateful to walk humbly alongside them for the next twenty years.

Saying Goodbye to Clara Crinkey!

Our dedicated Office and Grants Manager, Clara Crinkey, will be retiring at the end of June 2022. Her life of service and dedication to the Sisters began 37 years ago, and she has worked in some capacity with the Sisters of St. Joseph Health and Wellness Foundation since its inception in 2001. Clara has been the backbone of the SSJHWF—always remembering the little details—whether it be a card for a person suffering a loss or a due date for bills—Clara has always been there to serve where she is needed. In addition to her professional abilities, she is a person who truly loves the Sisters of St. Joseph. Her calm and loving personality resonated with our community partners so much so that many of you reading this probably referred to her in emails and letters as "Sister Clara" and may be surprised to know that this well-deserved retirement will allow her more time with family, particularly her husband, Allen, and sons, Josh and Jimmy, and his wife, Cherry. Thank you, Clara, for your devoted leadership behind the scenes keeping our organization running!



Welcoming Sarah Dean!

Please join us in welcoming Sarah Dean as the Sisters of St. Joseph Health and Wellness Foundation's new Office and Grants Manager beginning May 9th. Sarah comes to us from Catholic Charities West Virginia (CCWVa), where she was the Grant Specialist since 2015. As the agency's Grant Specialist, Sarah worked to identify funding opportunities for all 18 CCWVa outreach offices around the state through different United Ways, foundations, corporations, and government agencies (local, state, and federal). Thanks to her dedication and team, CCWVa established a new hospital transition program and expanded its adult education and case management programs with a specific focus on strengthening families. Her knowledge of statewide needs, nonprofit partners, and funding opportunities for those nonprofits to access will be greatly utilized in her work with the SSJHWF. Additionally, her experience as a grant writer will be useful when understanding the relevance of the SSJHWF's shift to trust-based philanthropy and power-sharing with our grant partners.





Students at Independence High School in Raleigh County work on expanding the school garden.



ABOVE:
New River Health's Mental Health Educator leads "yoga a la fresco."

AT RIGHT:
Mother Jones Center for Resilient Community provides art activities for youth.



Sisters of St. Joseph Health and Wellness Foundation Grants Awarded FY 2020-2021

Since its creation in 2001, the Sisters of St. Joseph Health and Wellness Foundation has awarded more than \$16 million in grants. In fiscal year 2020-2021, the Foundation awarded \$876,422 for grant funding for the following School-Based Health and Children and Families projects:

School-Based Health Initiative:

Change, Inc. - \$30,000 - Behavioral Health Specialist for Brooke County Alternative Learning Center

Minnie Hamilton Health Systems - \$38,000 - Psychosocial Program Coordinator

New River Health Assoc., Inc. - \$24,150 - PK-8 Health Educator Program

New River Health Assoc., Inc. - \$21,615 - Intermediate Health Educator Position

New River Health Assoc., Inc. - \$26,579 - High School Health Educator Position

Pendleton Community Care - \$30,724 - Mental Health Counselor

Pendleton Community Care - \$33,193 - Mental Health Educator

The West Virginia Catholic Foundation - \$167,227 - School-based health programs serving northern panhandle Catholic schools

Tug River Health Assoc. Inc. - \$27,500
Mobile Health Unit

Wirt County Health Services Assoc. - \$25,000 - Coplin Health Systems/
Parkersburg High School School-Based
Health Center

Children and Families Initiative:

Burlington United Methodist Family Services - \$17,000 - Sarah's House CAC
Trauma-Focused Cognitive Behavioral
Therapist

Greenbrier County Health Alliance - \$21,625 - Partial scholarships for Fruits of
Labor's Seeds of Hope Program

HOH-Share, Inc. - \$20,000 - Capital Funds
to Purchase MOJO Building

Marion County Family Resource Network - \$10,000 - Provide Technology
for Home-Based Education

Marvel Center, Inc. - \$19,376 - Marvel
Mentors Program

Mineral County CASA - \$6,000 - Family
Simulation Center

National Alliance on Mental Health - \$15,000 - Mental Health Education and
Literacy

Randolph and Tucker Child Advocacy Centers - \$13,585 - Body Safety Training
Program

REACHH-Family Resource Center - \$24,085 - Part-time Community Support
Specialist

Seed Sower, Inc. - \$22,563 - Partial
scholarships for Fruits of Labor's Seeds of
Hope Program

SHIELD Task Force, Inc. - \$20,000 - Child
Abuse Prevention Program Development

Stop the Hurt, Inc. - \$24,189 - Executive
Director/Forensic Interviewer Position

The Children's Listening Place - \$20,000
Mobile Child Advocacy Center

Tucker County Family Resource Network - \$20,895 - Staff Salaries

West Virginia Child Advocacy Network - \$18,000 - Data Security and HIPPA
Compliance for WV Child Advocacy
Centers

West Virginia Coalition Against Domestic Violence - \$25,126 - Human Trafficking
Task Force Coordinator Position

West Virginia Women Work - \$40,850
Step Up for Women Pre-Apprenticeship

YMCA of Wheeling - \$46,950 - STEP
Program training programs

Discretionary Grants:

In fiscal year 2020-2021 the SSJHWF
awarded \$30,190 in Discretionary Grants
for the following selected projects:

**CASA for Children Inc. - Family treatment
court program**

**Homes for Harrison - Funds to help
prevent homelessness**

**Libera, Inc. - Love packs for K-12 students
in Kanawha County**

**Marion County Family Resource Network - Digital strategies to work with
students**

**Marvel Center, Inc. - Marvel's Breast-
feeding Friendly Center**

**Ohio County Family Resource Network -
Ohio County food security team blessing
boxes and video resource guide**

Pollen8, Inc. - Strategic planning project
SOS Appalachian Mission - Kelly's Closet

TEAM for West Virginia Children -
Adverse Childhood Experiences (ACEs)
brochures for medical providers

West Liberty University Foundation -
Teletherapy booth with NAMI Greater
Wheeling

WV Partnership for Health Innovation -
Facilitation program for School-Based
Health Centers

WV Primary Care Association - Trauma
training

Youth Services System, Inc. - Emergency
housing program

Zion Child Development Center - Health
assessments

Minority Health Capacity-Building Grants:

In fiscal year 2020-2021, the SSJHWF, in
partnership with Marshall University's
Minority Health Institute and the WV
Health Equity Action Team, awarded
\$35,000 in grants to the following:

A More Excellent Way Life Center Church
- Healthy Communities Fair

Aspire Achievement Project - Road to 30
Project

**Economic Development Greater East,
Inc. -** Mountain Farm Community Grocery

Positive People Association, LLC - Shine
Healthy Jump Start

Reset Incorporated - Community BLISS
Workshop

Sheba International, Inc. - Building
Capacity of Minority-Owned Community-
Based Organizations

**South Central Educational
Development, Inc. -** Project CORDS

SSJHWF School-Based Health Fund:

In fiscal year 2020-2021, the SSJHWF
School-Based Health Fund - through the
Parkersburg Area Community Foundation
- awarded \$17,238 in mini-grants to the
following School-Based Health Centers:

Cabin Creek Health Systems - COVID-19
vaccination public awareness campaign

CHANGE, Inc. - Behavioral health and
hygiene supplies for Brooke County
Alternative Learning Center

Lincoln Primary Care Center - Education
on how to Be Active, Be Smart, and Be
Healthy through the Tiger Center, Logan
Wildcat Center for Health, and the Pioneer
Center in Logan County

Minnie Hamilton Health Care Center, Inc.
- Equipment purchases for the Gilmer
School-Based Health Center

Minnie Hamilton Health Care Center, Inc.
- Update day-to-day equipment at the
Calhoun County School-Based Health
Center

New River Health Association -
Installation of a 9-hole disk golf course on
the campus of Fayetteville PK-8

New River Health Association - Purchase
of a greenhouse high tunnel to expand the
school garden program at Independence
High School.

**Ritchie County Primary Care Association,
Inc. -** Bariatric blood draw chair and
battery backup for Jefferson School-Based
Campus in Wood County

**Ritchie County Primary Care Association,
Inc. -** Safety equipment for Parkersburg
South High School in Wood County

Shenandoah Community Health Foundation - Equipment and supplies to initiate school-based health at Burke Street Elementary School and Martinsburg North Middle School in Berkeley County

Valley Health Care, Inc. - Creation of a free clothes closet at Elkins Middle School, Elkins High School, and Tygarts Valley Middle/High School in Randolph County, and summer mental health program for students.

Wirt County Health Services Association - Update ramp to the Wirt County Wellness Center to provide safe, wheelchair access to the center



Children playing at Marvel Learning Center - the only childcare facility within 300 miles of the Meadow River Valley.

**Sisters of St. Joseph
Health and Wellness Foundation, Inc.
Statements of Financial Position
As of June 30, 2021**

ASSETS

Current Assets

Cash and cash equivalents	\$157,325
Total current assets	\$157,325

Property and Equipment

Furniture and fixtures	\$8,081
Less: accumulated depreciation	\$8,081
Total property and equipment	\$0

Other Assets

Investments at fair market value	\$29,201,495
Total assets	\$29,358,820

LIABILITIES AND NET ASSETS

Liabilities

Current Liabilities	\$16,030
Total Current Liabilities	\$16,030

Net Assets

Unrestricted	\$29,342,790
Total liabilities and net assets	\$29,358,820

CSJ MISSION NETWORK

We are blessed to be a founding member of the Congregation of St. Joseph Mission Network (formally known as CSJ Ministries).

The purpose of the CSJ Mission Network is to extend the mission and tradition of the Sisters of St. Joseph through the mission and works of its members.

It is a mutual, dynamic partnership between the ministry and the Congregation of St. Joseph committed to making manifest God's active, inclusive, unifying love in the world.

This common mission stems from the mission of Jesus, "that all may be one."



SSJHWF

VISION

The children of West Virginia will be healthy, empowered, and resilient.

MISSION

The Sisters of St. Joseph Health & Wellness Foundation strengthens the holistic health of West Virginia's children and their families.

Board of Directors of the Sisters of St. Joseph Health & Wellness Foundation

Matthew Bowles - Treasurer
Kathleen Durkin, CSJ
Shelby Gianni
Rose Ann Hefner, CSJ - Chairperson
Beth Morrison
Marguerite O'Brien, CSJ
Judith Romano, MD - Vice Chairperson
Joseph Santer
Ruthann Scherer, CSJ
Becky Shilling-Rodocker - Secretary
Judith Smith Wilkinson

For more information about the foundation, contact:

Beth Collins
Executive Director
(304) 232-8160 ext. 148
ecollins@ssjhwf.org

Sarah Dean
Office and Grants Manager
(304) 233-4500
sdean@ssjhwf.org



@ssjhealthandwellness



*Sisters of St. Joseph
Health & Wellness Foundation*



ANNUAL REPORT
2019

Health and Wellness News!



Thank you, Sister Helen

We are grateful to you, Sister Helen Skormisley, RN, MSN, APRN-CNP, MSW, LICSW, CTT, for the many ways you have worked to advance the mission of the Sisters of St. Joseph Health and Wellness Foundation over the last eighteen years, including the following initiatives:

- ◆ The School-Based Health Initiative, which has grown to over 200 SBHCs in 40 counties, serving over 97,000 children across the state;
- ◆ The Child Advocacy Centers and the West Virginia Child Advocacy Network, which includes 21 CACs in 43 counties, all of which are accredited;
- ◆ The West Virginia In-Home Family Education programs with a presence in all West Virginia counties, which include Healthy Families America, Maternal Infant Health Outreach Workers, and Parents As Teachers; and
- ◆ Other organizations that propose programs that assist men and women in coping with challenging situations such as addiction, unemployment, low paying jobs, domestic violence, human trafficking, legal difficulties, and others.

We are proud of you for all you have done to impact the long-term health of West Virginia's children and their families.



Beth Collins, Executive Director
Clara Crinkey, Office and Grants Manager
Members of the Board of Directors
SSJ Health and Wellness Foundation

Welcome

The Sisters of St. Joseph Health and Wellness Foundation (SSJHWF) is pleased to welcome Beth Collins as the new Executive Director. She succeeds Sr. Helen Skormisley, who served in that position since the Foundation was created in 2001.

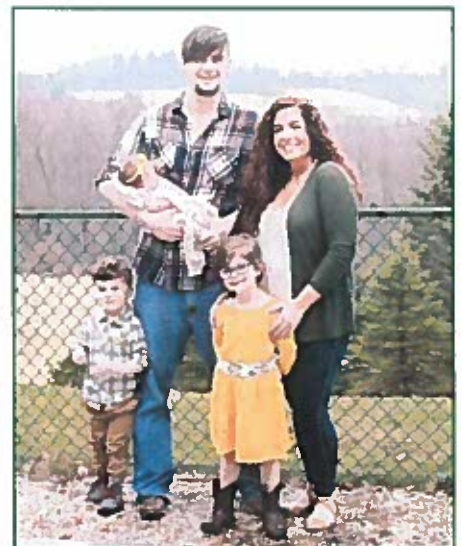
Beth is originally from a small farm in Belleville, WV (Wood County), and is the youngest daughter of a high school English teacher and a minister. After high school, she went on to WV Wesleyan College to study Sociology and Environmental Science. In 2009, she entered the AmeriCorps VISTA program, which brought her to Wheeling, WV, where she learned to fall in love with her home state through her work with the Clifford M. Lewis, SJ Appalachian Institute at Wheeling Jesuit University.

She would go on to become the Director of the Appalachian Institute and receive her Master's in Education through WJU. Under her direction, the Appalachian Institute saw immense growth in both its outreach to the community through educational programs, conferences, and research initiatives, as well as Appalachian service-learning immersion trips for high school and college-aged students from around the country. During her almost nine years with the Institute, she developed an annual student lobbying initiative to advocate on Capitol Hill and in Charleston on issues ranging from environmental concerns to criminal justice reform. Frequently traveling throughout the state with immersion groups, she formed close partnerships with a wide breadth of nonprofit, health care, educational, governmental, and industry leaders.

In 2017, Beth moved on to become the Northern Regional Director of Catholic Charities WV, where she oversaw five offices that provide basic needs assistance and long-term case management for individuals and families experiencing poverty. During her tenure, she developed a sustainable workforce case management initiative for low-income workers, implemented a relatives as parents outreach, and worked on a wide range of grant-funded collaborative programs to empower local communities.

Beth is the wife of Josh Collins, a Registered Nurse, and mom to a 6-year-old daughter, Willa Mae, a 3½-year-old son, Elias, and a 1-year-old daughter, Emory.

As we look to the future, the Foundation Board and staff are pleased that Beth will be a part of the SSJHWF team, providing creative, visionary leadership as we continue to serve the people of West Virginia.



Project: Adventure Leads Kids to Learn about Healthy Choices

By: Katie Johnson, Health Educator, New River Health Association

How do you inspire kids at the end of their school year when they're ready for summer break? In Fayette County, WV, nearly 900 fourth- and fifth-grade students were introduced to adventure as a way to kick off an educational summer and replace 'nothing to do' with healthy activity choices.

The Fayette County Substance Abuse Prevention Coalition (FCSAPC), led by the New River Health Association (NRHA), collaborated with the Fayette County Board of Education to connect kids to experiences which would offer them healthy choices for their evenings, weekends, and summers, times when risky behavior is most likely to occur.



Supported in part by the Sisters of St. Joseph Health and Wellness Foundation, the Youth Program Action Committee of the FCSAPC created and implemented Project: Adventure. The event was the area's first step to lead kids away from questionable spare time choices and toward healthy activities.

Organizers grouped volunteers, representing approximately thirty organizations, into stations in which students rotated throughout the day. Each station had a cluster of hands-on activities demonstrating the variety of things there are to do for kids and their families in Fayette County. During Project: Adventure, students fished, kayaked, tried stand-up paddleboard, played soccer, knocked down bowling pins, built a shelter, hiked in the woods, experimented with STEM games, balanced on a slack-line, strummed a guitar, and enjoyed a meal in the outdoors.

"I constantly hear our kids say 'there is nothing to do' here in Fayette County," said Katie Johnson, a health educator for New River Health Association and one of the organizers behind the project.

"And, while that may be the case, if no one introduces them to the variety of activities that are available to them, we have not done our job to prevent questionable, even dangerous behaviors."

"As a community, we should collaborate to connect our local youth to the goldmine of experiences and adventures which surrounds us," Johnson continued. "Many of our youth feel alienated from the steady flow of paddlers, bikers, and climbers who drive by our homes, headed into the world-class playground, which is our backyard. Activities like these, in addition to music and arts, teach kids about themselves, and they gain

confidence with the experiences. If we give our kids ownership of their learning, then not only do we raise a happier and healthier generation, but we also create a more resilient, vibrant, and empowered workforce.”

Iceland's success in drastically reducing teen substance abuse provided the inspiration for Project: Adventure. In Iceland, a high percentage of students in their early teens had tried or were actively using cigarettes, drugs, and alcohol by age 14. Researchers there speculated that early intervention, which would involve kids in meaningful activities led by responsible adults, would prevent them from experimenting with illicit substances at a young age.

Youth in Iceland is a study where 14-16-year-olds were given opportunities to select and participate in a multitude of activities outside of school. The kids could choose things like arts, sports, and afterschool clubs. In the study, it was important that the kids were allowed to try and participate in a variety of things that piqued their own interests. The study lasted for twenty years, and in that time, the data showed that Iceland had greatly decreased alcohol, drug, and tobacco use among teens.



Locally, Project: Adventure is the first of methods planned as the county implements an ‘Iceland’ for WV. In the orientation meeting about Youth in Iceland, nearly 100 community leaders met with one of the project organizers to demonstrate support for the idea.

Students who attended Project: Adventure were surveyed about their experience at the event, and during this first semester of school, Fayette County students were surveyed about their knowledge of local activities for them. Both data pools will help further the Iceland project into more than a one-event, one-time concept for Fayette County youth.



“We were looking for data that represented what kids are interested in doing and what barriers there may be to participation. This information will help in moving forward with prevention initiatives to bring about environmental change regarding youth substance abuse,” said Natasha Green, NRHA resource coordinator and Project: Adventure committee member.

“It is the support from our community that made Project: Adventure a success,” said Teresa Workman, committee chair. “Introducing these students to the many activities offered in Fayette County only marks the beginning of this prevention initiative.”

Veronica Crosier, with the New River Gorge Learning Co-op's Camp Drift-A-Bit, an organizer, said, "Anyone at Project: Adventure saw these kids come alive. They have an innate curiosity and desire to learn. They've shown us that. Now, through research, legislation, whatever action it takes, we must remove the barriers we've identified as holding these children back. Project: Adventure is just the beginning. Our committee is already gearing up for the next phase of this important work."



To learn more about the experiences and organizations offering kids' activities visit projectadventurefayette.com. A directory of Project: Adventure presenters is online, and other youth programs may register to be included in the directory. To learn more about the Iceland Project, visit theatlantic.com: [How Iceland Got Teens to Say No to Drugs](#) by Emma Young.

CSJ MISSION NETWORK

We are blessed to be a founding member of the Congregation of St. Joseph Mission Network (formally known as CSJ Ministries).

The purpose of the CSJ Mission Network is to extend the mission and tradition of the Sisters of St. Joseph through the mission and works of its members.

It is a mutual, dynamic partnership between the ministry and the Congregation of St. Joseph committed to making manifest God's active, inclusive, unifying love in the world.

This common mission stems from the mission of Jesus, *"that all may be one."*



A MEMBER OF THE
CONGREGATION OF ST. JOSEPH

Mission Network

EXTENDING THE MISSION & TRADITION
OF THE SISTERS OF ST. JOSEPH

West Virginia Child Advocacy Network Is Launching a Statewide Case Tracking Platform By: Kate Flack, CEO, WVCAN



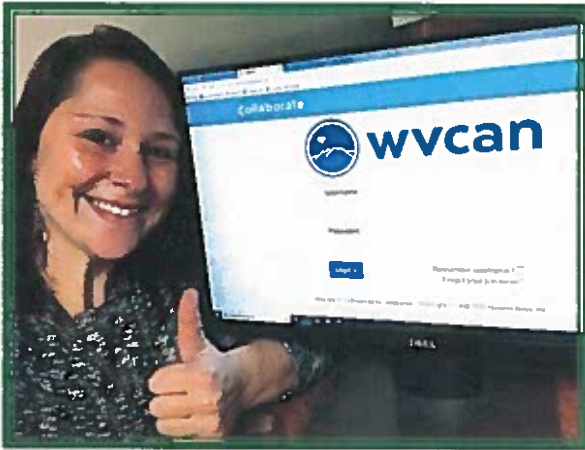
The West Virginia Child Advocacy Network (WVCAN) provides statewide leadership in the fight against child abuse while working side-by-side with 21 Child Advocacy Centers (CACs) throughout the state. CACs are child-friendly facilities where child protection services, criminal justice, and treatment providers work together to investigate abuse, hold offenders accountable, and help children heal. Rather than having a child taken from agency to agency, the CAC model brings the system to the child for an effective, child-centered healing process. To coordinate the multidisciplinary and victim-centered care at a CAC, programs must be able to track children's complex cases over time, share pertinent case information with team members, report case outcomes to stakeholders and funders, and make meaningful inferences about their service outcome data.

WVCAN and CACs have been working together for several years to bridge existing gaps in case tracking practices and resources. Until recently, WV CACs have all had a range of separate case tracking setups. This disjointed setup has led to inconsistencies in reporting children's outcomes, difficulties in standardizing the care delivered to children and families across the state, and major limitations to statewide projects and advancements that rely on strong and reliable data about CAC services. Collaborate, a case tracking software by the company Network Ninja, was identified as the best solution to bridge these gaps after a formal request for proposal and review process by WVCAN and its members.



Since the fall of 2018, WVCAN has partnered with local CACs to develop and implement Collaborate. A team of CAC staff from around the state met over a period of months to customize the software to meet the unique case tracking needs of WV CACs. In the summer of 2019, CAC staff from across the state came to Elkins for an orientation training on Collaborate.

CAC staff from across the state attended a training in June 2019 on how to use the new software to track child abuse cases and improve outcomes for kids. The training was made possible in part through support from the Sisters of St. Joseph Health and Wellness Foundation.



Susannah Crawford, Tucker County Advocate and Forensic Interviewer, gives a thumbs up on the case tracking software go-live date.

Now, in early 2020, the first six CACs have migrated legacy case data to Collaborate and have started using the software full time. By the summer of this year, the majority of WV CACs will use a unified platform to track cases and support their work with children and families.

Statewide implementation of Collaborate is only the first of many doors this new software will open for the collective advancement of CAC services to children and families in West Virginia. For example, Collaborate includes a function to check for duplicate children and alleged offenders who may be moving around the state. Once implemented, this will further improve the coordinated response

to allegations of child abuse and provide insights on how to improve outcomes for WV kids. This is one of many features and advancements WVCAN hopes to achieve by being able to unify CACs' case tracking practices. The support of the Sisters of St. Joseph Health and Wellness Foundation has been instrumental to the development and implementation of Collaborate, along with new and exciting opportunities it will allow.

Sisters of St. Joseph Health and Wellness Foundation Grants Awarded FY 2018-2019

Since its creation in 2001, the Sisters of St. Joseph Health and Wellness Foundation has awarded more than \$13 million in grants. In fiscal year 2018-2019, the Foundation awarded \$892,386.00 for grant funding for the following selected projects:

School-Based Health Initiative:

Cabin Creek Health Center, Inc. - \$35,000.00 - Supports the Mental Health Educator position
Camden-on-Gauley Medical Center - \$50,000 - Supports the Mid-Level Provider position
FamilyCare Health Center - \$50,000 - Supports the Nurse Practitioner and Therapist positions

Monongahela Valley Association of Health Centers - \$25,000 - Supports the Mental Health Educator position
New River Health Association, Inc. - \$29,450 - Supports the Mental Health Educator serving Nicholas and Raleigh Counties
New River Health Association, Inc. - \$26,759 - Supports the Mental Health Educator serving Valley Elementary and Valley High Schools

New River Health Association, Inc. - \$23,950 - Supports the Mental Health Educator serving Mt. Hope Elementary, New River Elementary, Collins Middle, Oak Hill High, and Ss. Peter and Paul Catholic Schools

Pendleton Community Care - \$34,044 - Supports the school-based Mental Health Counselor

Pendleton Community Care - \$36,779 - Supports the school-based Mental Health Educator

Pleasant Valley Hospital - \$25,000 - Supports the Nurse Practitioner and Certified Nursing Assistant positions

Rainelle Medical Center - \$24,435 - Supports the school-based Mental Health Educator

Rainelle Medical Center - \$30,874 - Supports the school-based Mental Health Counselor serving seven schools in Greenbrier, Fayette, and Summers Counties

The West Virginia Catholic Foundation - \$128,000 - Supports the school-based health programs serving the Catholic Schools of Hancock, Brooke, Ohio, and Marshall Counties

Children and Families Initiative:

Burlington United Methodist Family Service - \$23,000 - Supports the Trauma-Focused Cognitive Behavioral Therapist at Sarah's House

Child Protect of Mercer County, Inc. - \$10,000 - Supports the Therapist position

Child Youth & Advocacy Center - \$8,000 - Supports the CYAC Therapist position

Heart 2 Heart Volunteers, Inc. - \$60,000 - Supports the Clinical Director of the Mother's Program at Serenity Hills

Logan County Child Advocacy Center - \$15,000 - Support for the Succession Plan

Marion County Child Advocacy Center - \$29,000 - Supports staff salaries and the NCATrak data base subscription

Monongalia County Child Advocacy Center - \$20,000 - Supports the school-based Therapy Program

Mountain CAP of WV, Inc. - \$25,000 - Supports the on-site Mental Health Professional

Randolph and Tucker Child Advocacy Center - \$14,300 - Supports CAC Services for children and adult training re sexual abuse

Stop the Hurt, Inc. - \$20,000 - Supports the Executive Director/Forensic Interviewer Position

Wellspring of Greenbrier Co. Inc. - \$25,000 - Supports the Fruits of Labor "Seeds of Recovery" and "Seeds of Hope" training programs

West Virginia Child Advocacy Network - \$10,000 - Supports staffing for the COLLABORATE case management system

West Virginia Women Work - \$35,000 - Supports the Step Up for Women Pre-Apprenticeship

WV Coalition Against Domestic Violence - \$29,015 - Supports the Human Trafficking Task Force Coordinator

YWCA of Wheeling - \$49,780 - Supports the Human Trafficking Program

Discretionary Grants:

In fiscal year 2018-2019, the Foundation awarded \$30,000 in Discretionary Grants for the following selected projects:

Catholic Charities West Virginia, Inc. - to cover the stipend and travel costs for the Presenter for ACEs Trainings

Change, Inc. - to purchase supplies to equip the School-Based Health Center Brooke Complex

Corpus Christi School - to support the "Crusaders for Good Health Program"

Holy Family Child Care & Development Center - to help with the purchase of a new dishwasher

Lewisburg Farmers Market - to fund a fresh-food Mobile Market Project

Logan County Child Advocacy Center - to cover unexpected operating expenses to help cover the rent and phone costs at the Mingo Office

Marion County CAC - to purchase new furniture for the waiting room and play area

Mineral County CASA - to improve recruitment and provide training materials for volunteers and Board Members

Pendleton Community Care - to help cover the costs for the Mental Health Educator and Mental Health Counselor to attend training programs

REA of Hope Fellowship Home - to provide housing and rehabilitative support for women

St. Vincent de Paul Parish School - to support the SVS Happier/Healthier Lunch Program

The Children's Listening Place - to help with the cost of a Cortexflo Photographic Examination System

West Liberty University Foundation - to sponsor a 2-Day CCIP Train the Trainer Session

YMCA of Wheeling - to hire a nurse to provide health care for children attending the YMCA Summer Camp

Youth Services System, Inc. - to help with the media campaign for the Substance Use Disorder Open House

SSJHWF School-Based Health Fund:

In fiscal year 2018-2019, the SSJHWF School-Based Health Fund - through the Parkersburg Area Community Foundation - awarded \$21,834 in mini-grants to the following SBHCs:

Cabin Creek Health Systems - to purchase yoga supplies and create a meditation/calming space for students at East Bank Middle School

Cabin Creek Health Systems - to purchase anxiety-reducing items for the calming space and waiting and exam rooms at Hoover Health Center

Cabin Creek Health Systems - to purchase healthy fruits and vegetables for food demonstrations and tastings at Sharon-Dawes SBHC

CHANGE, INC. - to purchase a table and chairs for the counseling room, supplies for the therapeutic sessions, and provide training and competency building for the behavioral health providers at Oak Glen Middle and High School

CHANGE, INC. - to purchase a table and chairs for the counseling room, supplies for the therapeutic sessions, and provide training and competency building for the behavioral health providers at Weir High School SBHC

Grafton Taylor County Health Department - to purchase equipment to open SBHCs in three elementary schools

Minnie Hamilton Health System - to purchase equipment to assist with privacy and efficiency issues - partition panel, storage cabinets, and digital physician's scale - and a LIFEPAK CR Plus AED for use at Calhoun Middle and High and Gilmer County High SBHCs

MVA Health Centers - to purchase a medical supply travel bag and printers for Monongah Elementary and Middle, West Fairmont Middle, and East Fairmont Middle Schools

Ritchie Regional Health Center - to purchase Glitterbug Handwashing Show Kits for Doddridge County SBHC and complete the modification of the nurses' station door to improve privacy and security at St. Mary's SBHC

Valley Health Care, Inc. - for recovery coach training and to purchase an oral thermometer for Elkins Middle School

Valley Health Care, Inc. - to purchase an oral thermometer and a refrigerator thermometer for Elkins High School

Valley Health Care, Inc. - for training on the use of telehealth equipment and to purchase an oral thermometer for Jennings Randolph Elementary School

Valley Health Care, Inc. - for training for the use of telehealth equipment and to purchase an oral thermometer for Midland Elementary School

Valley Health Care, Inc. - to pay the registration fee for the WV Think Conference and to purchase an oral thermometer for North Elementary School

Valley Health Care, Inc. - to pay the registration fee for the SBHC National Conference and to purchase an oral thermometer for Third Ward Elementary School



**Sisters of St. Joseph
Health and Wellness Foundation, Inc.
Statements of Financial Position
As of June 30, 2019**

ASSETS

Current Assets

Cash and cash equivalents	\$ 592,526
Total current assets	\$ 592,526

Property and Equipment

Furniture and fixtures	\$ 8,081
Less: accumulated depreciation	\$ 8,036
Total property and equipment	\$ 45

Other Assets

Investments at fair market value	\$23,885,908
Total assets	\$24,478,479

LIABILITIES AND NET ASSETS

Net Assets

Unrestricted	\$24,478,479
Total liabilities and net assets	\$24,478,479

Sisters of St. Joseph Health and Wellness Foundation



VISION STATEMENT

The children of West Virginia have resources available to assist them in living to their fullest potential.

MISSION

The Foundation, a member of the Congregation of St. Joseph Mission Network, will make optimal use of its resources in order to promote and support collaboration and partnership among various local, state, and national groups working to strengthen the holistic health of children and families in West Virginia.

Board of Directors of the SSJ Health and Wellness Foundation

Matthew Bowles
Kathleen Durkin, CSJ
James Gordon - Treasurer
Rose Ann Hefner, CSJ -
Chairperson
Christine Riley, CSJ - Secretary
Judith Romano, MD -
Vice Chairperson
Joseph Santer
Ruthann Scherer, CSJ
Becky Shilling Rodocker
Judith Smith Wilkinson

For more information
about the foundation,
contact:

Beth Collins
Executive Director
(304) 232-8160, ext. 148,
ecollins@ssjhwf.org

Clara Crinkey
Office and Grants Manager
(304) 233-4500, ccrinkey@ssjhwf.org



137 Mount Saint Joseph Road
Wheeling, WV 26003
(304) 233-4500

www.ssjhealthandwellnessfoundation.org



At [ssjhealthandwellness](https://www.facebook.com/ssjhealthandwellness)